

India Masters Athletics

(Reg. No. BLU-S1348 – 2006-2007, Bangalore Urban)

40th NATIONAL MASTERS Athletic CHAMPIONSHIP

ORGANISED BY –

Kerala Masters Athletics

In Association with

Kozhikode District Masters Athletics

Venue: Medical College Ground, Kozhikode

Dates 10 to 12 January, 2020

Rules Governing The Competition

1. The Entries submitted through State Masters Athletics who are affiliated to India Masters Athletics will only be accepted. No Individual entries will be entertained.
2. MEN & WOMEN who have attained the age of 30 years and above as on 09/01/2020 are eligible to participate in the Championship. The age groups would be from 30 yrs.+, 35+, 40+, 45+ and so on. (Please go through the list of events)
3. **ENTRY AND REGISTRATION FEE :**
Rs. 1000/- Per person for those who are in the age group of 30 years+ to 55 years+ &
Rs. 800/- per person for those who are in the age group of 60+ and above all groups.
Relay Events - Rs.400/- per team. States can field maximum two relay teams in one age group. Entries for relay also should be submitted along with individual Entries. No spot entries for the relays
4. **Affiliation Fee:** All the State Associations to Pay affiliation fee of Rs. 5,000/- for the year 2019-2020, 2020 - 2021- and arrears if any for the earlier years.
5. No entries will be accepted without paying affiliation and entry fee. The entry fee and affiliation fee should be paid while submitting the entries. Entry fee once paid shall not be refunded. Participating athletes are required to fill the declaration form individually otherwise the entries will not be accepted. No changes of events will be made in the entries during the days of the competition. The entries should be properly filled up and submit them through respective State Association. . The entry fee may be paid through a Demand Draft which should be drawn in favor of '**India Masters Athletics**'. payable at **Mumbai or sent through RTGS/NEFT** to our bank account under intimation to the undersigned and the proof of transfer may be sent.

Name of the Bank : The Bharat Co-Op. Bank (Mumbai) Ltd;

K.H. Road Branch, Bangalore

Account No. : 002110100059456

IFSC Code : BCBM0000022

6. Athletes are allowed to take part in four events and **in one eligible age group**, besides relays.
7. No person shall be allowed to take part in the meet unless he/she produces the birth certificate in support of his /her age along with the entry form. The proof of age must accompany with the declaration form.

8. **Athletes who desire to take part in the meet should do so entirely on their own risk. Neither the organisers nor the Federation would be held responsible for any mishap or injury that may occur to them while taking part in the meet. They should get themselves insured adequately.**
9. Protest if any should be lodged with the concerned referee within thirty minutes of finishing of the event or announcement of the result whichever is earlier, along with a protest fee of Rs.1000/-. The decision of the jury of appeal will be final and binding on both the participants and the organisers. In case the protest is rejected the fee will be forfeited to the Federation.
10. The rules set by the A.F.I and WMA will be applicable for all the events.
11. Results of all the track events will be decided on time trial basis except 100 Mtrs. Run up to 55+ for both Men and Women .
13. There is no minimum number of athletes required to start an event. Even if there is only one athlete who has reported for the event, the event will be held and medal / certificate will be awarded, provided the athlete completes the event race / event or is not disqualified.

Entries may please forwarded to :

Gerald D' Souza

Secretary General, India Masters Athletics

A/13 The Hill View Co-op. Hsg. Sty.

Devidayal Compound, Pokhran Road No. 1, Thane – 400 606 (West)

Email: jerrvathletics23@gmail.com : Contact No. 09821130693/9969356865

14. **LAST DATE FOR SUBMITTING THE ENTRIES 10th December,, 2019.** Please note that no entries shall be accepted thereafter. I humbly request you not to come to the meet with a list of extra/additional entries. No spot entries will be accepted.

15. **Hospitality: Morning breakfast, lunch will be provided to all participants from 10th to 12th January, 2020. Accommodation shall be provided to all athletes at a concessional rate on payment of Rs.1000/- for four nights (Rs.250/- per day). No unfurnished free accommodation shall be made available. Mr. Ashokan and the Secretary Kozhikode District Masters Athletic may be contacted for the details of the accommodation**

Asokan KA

Secretary Kerala Masters Athletics

HQ TRIVANDRUM

0471 2495394 / 98463 71380 / 81369 75842

PRASHEEJAN P

Secretary, Kozhikode District Masters Athletics

Padavalath House, Mokavoor Po, Eranhikkal, Kozhikode - 673 303.

Email id; prasheejan08@gmail.com : Mob; 94969 14203 / 99466 84016

16. **Submit the entries in simple Excel format which is enclosed. Do not scan and send. I should be able to compile by doing cut and paste method so that your entry is not missed out. Kindly get the declaration form filled from all participants. It is the responsibility of State Secretary.**

Gerald D' Souza

Secretary General